

The Schwartz Round Programme

Background

Launched in America in 2000 and developed by [The Schwartz Centre for Compassionate Healthcare](#), Schwartz Rounds were brought to the UK in 2009 by the Point of Care programme at [The King's Fund](#) and continue to be implemented by [The Point of Care Foundation](#).

How does the programme work?

This programme includes a confidential, multidisciplinary forum designed for staff to come together once a month to reflect on the emotional and social experience associated with their work. All staff are invited, recognising that each individual has something to contribute

Food is provided to demonstrate that the organisation values its staff and their time. Rounds last an hour with panellists sharing their experiences for 10-15 minutes followed by a reflective group discussion facilitated by trained staff.

The audience share their thoughts, similar experiences and may ask questions. The discussion does not aim to problem-solve or find solutions but to reflect on the emotional experience of delivering care

Topics for discussion may include:

- Trying to help in impossible circumstances
- Conflict – with patient, family, colleagues
- 'Unrewarding patients'
- Healthcare through fresh eyes
- Making sense of chaos – when teamwork is the best medicine
- We're human too – personal and professional overlap
- The patient I'll never forget

For more information on the Schwartz Round programme contact:
gywccg.nwgpfvretention@nhs.net.